



# Gamma Alpha Bulletin

## The G.A.B. "Let's Talk"

### President's Message



Spring IS coming! I heard different birds chirping outside today and Amy received the information from the Greenhouse about the flower sale which we'll discuss on the 18<sup>th</sup> at our meeting. However, though I do have faith, I still just purchased another 50 lb. bag of black oiler sunflower seeds. Besides spring, I have a seventh grandchild coming which is exciting for our family. Alison should make her appearance toward the beginning of August though with first babies, you never can be sure.

Part of being in DKG involves being part of a larger organization. Some Gamma Alpha sisters stood with their Kappa sisters at a White Rose Celebration of Life and Remembrance on February 24 to honor Kathleen Makstutis, a former Cherry Hill and Wayne Memorial teacher. Kathleen was our speaker in January 2014 and spoke about various ways to research our ancestors. She was an amazing woman and had actually prepared much of the information that was shared that day and then at the funeral the next day. Our Kappa sisters were honored we had joined them.

We will have the opportunity on the 18<sup>th</sup> to meet with another DKG sister from Zeta, Nancy Higgins, who will share with us health issues of special interest to women. She spoke last spring at Mackinaw during the Convention but it was at the same time as Jackie's fabulous

Jane Austen presentation so now we have the chance to hear hers too. We also have an opportunity to volunteer at the Kids for Afghan Kids Soup and Bread Supper with the Rotary on Friday the 20<sup>th</sup> at the downtown Northville Presbyterian Church. Contact Jackie for more information. Several of us will also be volunteering at the Seedlings Bowling for Braille Books event on Saturday, March 21<sup>st</sup>. Call me if you want more info, ASAP. You can always come and see what it's like and volunteer next year.

Plan to join us at the Metro Council Luncheon April 25<sup>th</sup>. Jackie is the new President, and along with representatives from other chapters in our group, has planned another interesting meeting. Gamma Alpha will be in charge of one of the four activities that day. We also will be well-represented at the Spring Convention May 1-3 with Judi Fisher as the Convention Registrar and Carol Anderson overseeing the Registration tables at the Convention. We will need help from our members to cover times at the tables so please volunteer. Do take the opportunity to attend since it's so near and many interesting activities have been planned.

Several of us already hold or have held positions at the state level, on committees, as Chairpersons and as State Officers. I am stepping down from my position as Necrology Chairperson to become the probable new Recording Secretary. I will need an Approval

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### Meeting Info

See calendar for details



#### March 18

#### Women's Health

Cassel's Family Restaurant  
43003 7 Mile Rd.  
Northville, MI  
5:30pm

#### April 25

#### Metro Council

Our Lady of Sorrows Church  
Farmington Hills  
10:00

RSVP to

Judi Fisher at

[judifisher@yahoo.com](mailto:judifisher@yahoo.com)

**(248) 808-0477**

## Gamma Alpha Bulletin

Mark your calendars now!



**March 18, 2015**

**Place:**

Cassels Restaurant in Northville  
43003 7 Mile Rd  
Northville, MI 48167  
(248) 348-1740

**Time:** 5:30 pm

**Program:** Nancy Higgins and  
Women's Health  
50/50



**April 25, 2015**

**Metro Council Meeting**

**Place:** TBD

**Time:** TBD (approximately lunch time)

**Program:** TBD

**May 1-3, 2015**

Annual State Convention  
Auburn Hills Marriott, Pontiac at Centerpoint

**May 20, 2015**

Birthday Dinner

**Place:** TBD

**Time:** 5:00 pm

**Program:** Installation of New  
Officers

Grant-in-Aid Presentation

Honor Retirees

Friend of Education Award

Gamma Alpha Birthday Program

Linus Quilt Project

Beverly Girls' Group Home



**June 17, 2015**

Executive Board & Planning Potluck

**Place:**

Lynne Elsesser's home  
20440 Lexington  
Northville 48167  
elsessl2@wowway.com

**Time:** 11:00 am



**July 8-11, 2015**

Northeast Regional Conference (NERC)  
Baltimore, MD

- *Joanna Eiwans' birthday*

### Happy Birthday Ladies!

#### March

3/11 Nancy Chiasson

3/13 Esther Loskowske



#### April

4/1 Lynne Elsesser

4/5 Evelyn Shuput

4/24 Meghan Sokolowski



*(President's Address from page 1)*

of Minutes Committee chair and committee members. So if you would like to get more involved, this would be another opportunity.

Our Birthday dinner is on May 20<sup>th</sup> at a DIFFERENT VENUE: Rocky's of Northville on 7 Mile Rd. Also, don't forget the Northeast Regional in Baltimore: July 8-11, the Executive Board and Fall Workshop at the "H" Hotel in Midland (NEW DATE: SEPT. 25-26), and Women in the Arts Weekend: October 16-18. Our speaker, Nancy Higgins, is one of the Chairpersons and can answer any questions you may have.

Yours in Gamma Alpha,  
Lynne

**YouTube to Watch: Weightwatchergirl1**

Search YouTube and check out **Weightwatchergirl1**. Each week she shares great, new, grocery finds and gives the Weight Watcher Points Values along with an honest critic of the product.

WWG1 gives advice and helpful hints. She also shares her personal weightloss journey

Here is the link to her video from February 23th, to get you started.

<http://youtu.be/0cHfoZbtu9g>

*Shared by Lisa Austin*

**Go to Gazpacho**

Need dinner in a hurry? Make that a dinner that is delicious, healthy and guilt-free. I give you Gazpacho. I took this recipe and played with it until I had it perfect.

Time: 10 minutes

Ingredients:

- 32oz. Bottle of spicy V8 Juice
- 14 1/2 oz can diced tomatoes
- 1 onion chopped
- 2 peppers chopped (red/orange/yellow/green)
- 1 seedless cucumber chopped
- 2 large jalapeños ribbed/seeded
- 1/3 cup olive oil
- 1/2 tsp garlic salt
- 1/2 tsp onion salt
- 1/2 tsp celery salt
- 2 tbsp. white vinegar

Toss all ingredients into blender and pulse until desired consistency is reached. I do this in 2 batches, using plenty of V8 for blending. Pour soup into Tupperware or pitchers and refrigerate. Serve with tortilla chips, cheese, sour cream and margaritas!

*Shared by Amy Wright*



**A Presidential Welcome**

Doris Prieskorn, left, our newest member, was initiated at our January meeting.

She was welcomed to the Society by Alpha Iota State President, Liz VanWestenburg, right.



## Minutes Jan. 21st, 2015



Meeting was held at Cassel's Restaurant.

Called to order at 5:00 by President Lynne Elsesser.

Lynne shared the President's Report and Form 2 Necrology with board members.

An updated Geographical Boundaries report was noted.

Immediately following the Executive Board meeting, the Chapter Meeting was called to order by Lynne at 5:35.

Guests were introduced: Liz VanWestenburg, Alpha Iota State President; Sandy Downs, Alpha Iota State Visitation Chair; Ian Smart and Rachel Smart, family members of Jackie Smart, AKA "Jane Austen".

New member, Doris Prieskorn, was initiated in a ceremony presided over by Colleen Retherford.

President Lynne informed members about the Leadership Conference to be held on March 28. Registration forms are in The Wolverine.

Lynne reminded members of the State Convention to be held May 1-3. Gamma Alpha will be handling the registration table. All are encouraged to attend the convention and assist at registration.

The DKG Regional Conference will be held in Baltimore July 8-11.

Treasurer Cindy Dietz reported that The Holiday Auction netted \$1943.00.

Corresponding Secretary Amy Wright recommended that all e-mail re: chapter information be marked "Subject: DKG" so that mailings are not overlooked.

Judy Morante informed us that Beverly House residents are in need of tutors in math and language arts. There is a stipend available for tutors. In addition, she proposed a plan to encourage personal contact with the girls. Chapter members will have the opportunity to take the girls out to dinner at a

restaurant of their choice.

Jackie Smart reported that Seedlings is holding its annual Bowling Fundraiser on March 21. Gamma Alpha has helped with the event in years past and we are encouraged to participate again this year.

Jackie reminded members of the Empty Bowl project sponsored by Kids 4 Afghan Kids. Chapter members signed up to help raise funds by preparing and serving soup on February 6 from 5:30 to 8:00 at Northville Presbyterian Church.

Jackie and Lynne provided details about the Metro Council Luncheon scheduled for April 25 at 10:00 at Our Lady of Sorrows Church in Farmington Hills. Gamma Alpha is responsible for preparing centerpieces, table favors, name tags, and a craft activity.

Jackie proposed that Gamma Alpha and Metro Council each contribute \$75 to help offset the cost of speakers at the state convention. Members agreed.

The chapter Birthday Dinner will be held at Rocky's in Northville on May 20. Cost will be \$20. Members decided on entree items of chicken, pork and fish.

Judi Fisher moved to adjourn at 6:20. Amy Wright seconded.

The meeting was followed by a presentation by Jackie Smart in the persona of Jane Austen, "Are All the Good Men Fictional?"

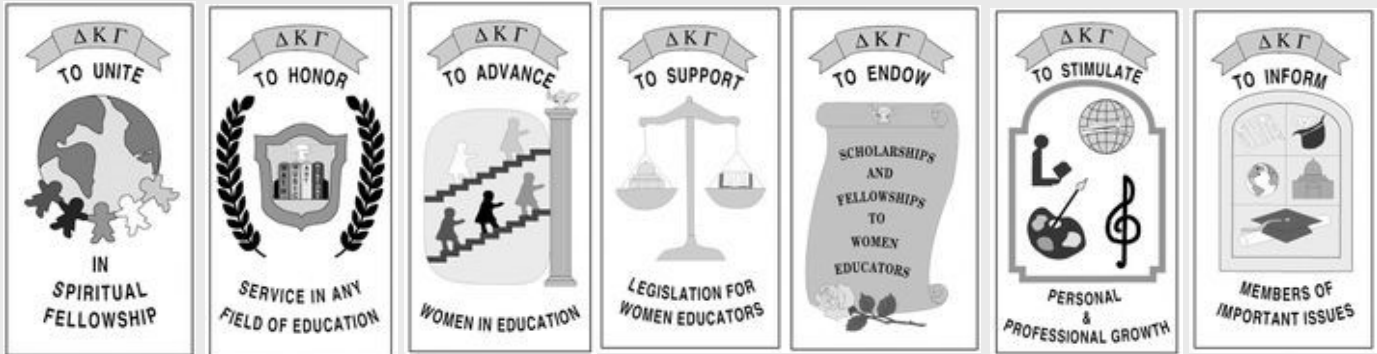
Respectfully Submitted: Carol A. Anderson

Recording Secretary

Gamma Alpha



## Seven Purposes of The Delta Kappa Gamma Society International



## Gamma Alpha & Jane Austen

January 21, 2015

Cassel's Restaurant



Ev, with Mr. Darcy  
from *Pride and Prejudice*



Esther and Jackie gave us a lesson in the  
"language of fans."



Sandy with Captain Fredrick  
Wentworth from *Persuasion*



Joanna with Edmund Bertram  
from *Mansfield Park*